Improving the Quality of Care of Older Adults through Self-Efficacy: A Pilot Study*

Natalie R. Baker, DNP, CRNP, GS-C, CNE, FAANP Kala K. Blakely, DNP, CRNP, CNE, FAANP *Educational grant funded by the GAPNA Foundation

Background & Framework

- ❖ Faculty utilize evaluative modalities to assess students' mastery of NP competencies but seldom assess students' self-efficacy
- Bandura's Social Cognitive Theory
- Self-efficacy important element in assessing one's belief that activities can be performed
- ❖ Specific aim: Evaluate NP students' selfefficacy in treating community dwelling older adults and establishing validity of self-efficacy tool developed for NP students.

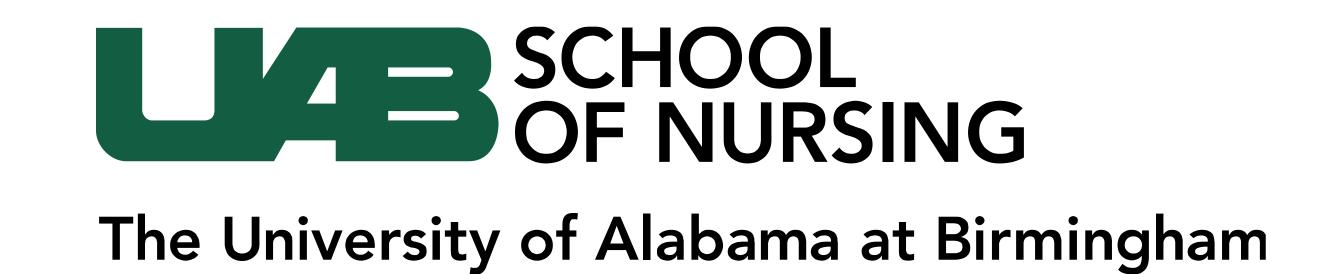
Two Self-Efficacy Scales Utilized

- General Self-Efficacy Scale
- 10-item scale (scored from 10-40*)
- Frequently used in healthcare research
- Caring for Community Dwelling Older Adults Self-Efficacy Scale (CCDOASES)
 - 9-item scale (scored from 9-36*)
 - Developed for study
- *Higher scores indicate higher perceived selfefficacy

References:

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Methods

- Step 1. Pre-Surveys Completed both self-efficacy scales prior to distribution of assignment details
- * Step 2. Completion of Unfolding Case Study
- NLN Advancing Care Series "Red" Yoder
- Step 3. Post-Surveys Completed both self-efficacy scales 1-7 days after submission of unfolding case study assignment

Unfolding Case Study Rubric	Points
Introductory Monologue: Medical Diagnoses	10
Introductory Monologue: Treatment Plan for Medical Diagnoses	15
Introductory Monologue: Psychosocial Issues	10
Introductory Monologue: Treatment Plan for Psychosocial Issues	15
Second Monologue: New Medical Diagnosis	5
Second Monologue: Treatment Plan for New Medical Diagnosis	10
Transitional Plan: Level of Care Identified	5
Transitional Plan: Interprofessional Team Identified	15
Transitional Plan: Indicators that Warrant Changes in Plan	10
APA/Grammar	5
TOTAL	100

Results & Implications

n = 20 students

General Self-Efficacy Scale

- Average score increased from 31.55 to 33.65
- 11 students (55%) had increase in score
- Most improved individual scale item was "Thanks to my resourcefulness, I know how to handle unforeseen situations."

CCDOASES

- Average score increased from 25.15 to 30.2
- 16 students (80%) had an increase in score
- Most improved individual scale item was "Increase in confidence developing a transitional treatment plan after hospitalization."
- Unfolding Case Study assignment increased the self-efficacy among NP students transitioning into role of health care provider

